

# Celebration of Charter Fellows Madrean Schober

Dr. Madrean Schober, PhD, MSN, ARNP is currently the President of Schober Global Health Care Consulting. As the first nurse practitioner in Bloomington, Indiana, she was actively involved in co-authoring and lobbying for legislative rules and regulations defining NP practice as well as advocating

for, and developing a coalition for NPs in Indiana. She was in independent practice, Aegis Women's Health Care, from 1979-1999. She has been involved the nurse practitioner development and has conducted research, taught and authored books and manuscripts on international role development.

#### **Abstract**

This was one of the early interviews conducted of charter fellows of the American Academy (Association) of Nurse Practitioners. In this interview Dr Schober discusses the emergence of the fellowship and being part of a group recognizing leaders in policy, education, practice, and research adding credibility to the role of nurse practitioners. She discusses the positive impact of the merger of the American College of Nurse Practitioners and the American Academy of Nurse Practitioners to form the American Association of Nurse Practitioner. She describes her journey as an educator and researcher in many nations and her enjoyment in living in many nations. She balances her life with healing practices of mediation and yoga and stresses the importance of a balanced life.

#### **Short Bio**

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Dr. Schober was the 1999 Virginia Henderson Fellow for the International Council of Nurses in Geneva, Switzerland, and the International Liaison for AANP from 1994-2014. Conducted in six countries, her fellowship research focused on family health, family nursing and family NPs. This research resulted in the publication of an ICN monograph on family nursing and an additional publication on family nursing competencies.

Dr. Schober was recruited to Pakistan in 2001 as a lecturer and became the Interim Director of the Master of Science in nursing program at Aga Khan University School of Nursing. She left in 2004 to develop the NP program at Hong Kong Polytechnic University. In 2007 she moved to Singapore to become a Visit- ing Scholar at the National University of Singapore. In total, she has visited over 20 countries consulting with universities and governments interested in developing advanced practice nursing. She has also become a leader in the development of an international Network for NPs and has worked extensively with the WHO Eastern Mediterranean Region (EMRO) to promote APN role development and international collaboration in conjunction with other national and professional groups.

Dr. Schober is currently working with France on NP legislation pending later this year. Speaking five languages, she recently wrote an article in French that was presented to the Senate proposing the above legislation. She will soon attend the 3<sup>rd</sup> Advanced Practice Nursing Conference in Munich, Germany, as APN roles emerge in this country.

Dr. Schober received a PhD in Philosophy from Sheffield-Haddam University in the United Kingdom in 2013 at the age of 71. Her thesis topic was "Factors influencing the Development of Advanced Practice Nursing in Singapore".

### **Keywords**

International author, international educator, consultant, advanced practice nurse, nurse practitioner.

## **Transcript**

# Madrean Schober AANP Oral History Project



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Our phone interview took place at her loft in Bloomington, Indiana, where she is enjoying a brief respite from her many travels.

JSL: Madrean, where do I start? What a life you have chosen for yourself. Is it as glamorous as it sounds?

MS: As you know, all careers have their different aspects. I love living abroad most of the time but it does get tiring. I have made adjustments to lighten the exhaustion of travel by always allowing myself recovery days and traveling only business class.

JSL: Let's talk for a minute about how you first encountered the Fellowship?

MS: I remember a meeting many years ago where I heard about a new group being formed, a kind of "think tank". It was the inspiration of some of the early leaders, including Barbara Resnick and Barbara Sheer.

JSL: How did you feel when you learned that you would be in the Charter group? [SEP]

MS: I could not believe that I would be included in such an auspicious group. I was, and continue to be, honored and privileged to count myself among members of such an innovative entity.

JSL: What has the Fellowship meant to you professionally and personally?

MS: I think that FAANP emphasizes pride in the role of nurse practitioners both nationally and internationally. I have a great sense of pride to place those initials after my name. The Fellowship contributes to numerous health care systems with its many programs and provides a professional perspective to the entire advanced nursing field.

JSL: What do you see as the future of the Fellowship?

MS: I see professional nurses wanting to become members of this exclusive group that emphasizes mentoring and networking. Being a member stimulates academic thinking and adds to the recognition of nurses as professionals in the health care delivery system. FAANP also identifies leaders who will continue to lead health policy discussions and increase the visibility of NPs in the national arena. Of course, I hope that FAANP will begin to reach out to international communities.

JSL: How do you feel about the merger between the Association (Academy) and the College of NPs?

MS: I believe that the merger will be of great benefit to NPs in the United States. It was not in our best interest to have divisiveness in our organizations and this merger eliminated that issue. It can only strengthen our organizational abilities.

JSL: With all your travels, how do you have time for a personal life?

MS: I have lived abroad for many years and have become consciously alert to balancing my life choices. I actively meditate daily, stay engaged in the present, exercise self-care, and attempt to live a healthy life. I attend yoga retreats annually. I schedule recreation time to visit art galleries, museums, and music events. My brother was an artist leading me to regularly acquire original pieces and I collect many types of art from my travels. One of my favorite places to visit is New York City with its many museums and concerts. I also love reading and can become lost in music. My two daughters and their families, especially my four grandchildren, provide a great deal of joy to my life. I am also soon taking a six week sabbatical to live in Florence, Italy, to learn

Italian and to rest.

JSL: Thank you for your time Madrean! It has been a pleasure to connect with you after all this time. Be safe on your travels!

MS: Thank you as well – please, live life to the fullest!

Interview with Judith Lynch FAAN March 2015